

Take a Breath - Part 5: Pray (Matthew 7:7-11)

Connect

What do you think is the disconnect between a meaningful prayer life and people's everyday experience? Why?

Engage

Read Matthew 7:7-11. Prayer is part of our relationship and experience of God.

- Why should we expect that prayers will be answered?
- What word pictures does Jesus use to help us have confidence in prayer?

Read Luke 22:39-44.

- How did Jesus pray when faced with a very painful future?
- What from Jesus prayed, how did he show his trust in His Heavenly Father?
- How is the Father's love for his Son shown?

Apply

1. What encouragements to your prayer life did you receive in this message and study?
2. How much do you really trust God in practice?
3. What decision will you take today to improve your prayer life?